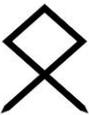


## Rune Chart with Meanings and Rune Poems

Rune	Meaning	Anglo-Saxon Poem	Icelandic Poem	Norse Poem
 Fehu	Wealth, Cattle, Prosperity, Primordial Fire, Money, Possessions, Strife, New Beginnings, Hamingja, Luck, Abundance	<i>Wealth is a consolation to all men yet much of it must each man give away, if glory he desire to gain before his god.</i>	<i>Wealth is the source of discord among kinsmen and fire of the sea and path of the serpent.</i>	<i>Wealth is a source of discord among kinsmen; the wolf lives in the forest.</i>
 Uruz	Strength, Doorway, Endurance, Manifestation, Physical Health, Life force, Vigor, Healing, Stamina, Tenacity, Raw power, Vitality, Survival	<i>The auroch is fearless and huge of horn, a ferocious beast, it fights with its horns, a famous moor-stalker that: a mettlesome wight.</i>	<i>Ur (drizzle) are the clouds' tears, the destruction of harvesting, the hatred of the shepherds.</i>	<i>Ur (iron-slag) proceeds from brittle iron; the reindeer often runs on icy snow.</i>
 Thurisaz	Thorn, Thor's rune, Obstacles, Chaos, Conflict, Dispute, Breaking down Barriers, Trouble, Self-empowerment, active defensive force, destructive storms	<i>Thorn is very sharp – for every thane who grabs it, it is evil and immeasurably cruel for every man that with it rests.</i>	<i>Torture of women and cliff-dweller and husband of a giantess; misfortune makes few men cheerful.</i>	<i>Thurs causes women sickness; little cheer results from pain (discomfort).</i>
 Ansuz	Odin's rune, Breath, Order, Communication, Spellsong, Evolution of Gods, Animating Spirit, Divine Inspiration, Synthesis, Transformation, Intellect, Language, Communion, Poetry	<i>The Mouth is the source of every speech, the mainstay of wisdom, and solace of sages, and the happiness and hope of every earl.</i>	<i>Ansuz (Odin) is the ancient father, and Asgard's chieftain, and the leader of Valhalla.</i>	<i>The river mouth is the aim of most journeys, but a scabbard is the sword's.</i>
 Raidho	Ride, Wagon, Journey, Transportation, Right Action, Adventure, Initiative, Inner Compass, Integrity, Cosmic Cyclical Law, Rhythm, Celestial Procession, Leadership	<i>Riding – to the warrior in the hall – is easy, but very strenuous for one who sits on top, of a powerful horse over long miles.</i>	<i>Riding is the joy of the horsemen and speedy journey and toil of the steed.</i>	<i>Riding is said to be the worst thing for horses; Reginn forged the finest sword.</i>
 Kenaz	Torch, Knowledge, Curiosity, Illumination, Creativity, Craftsmanship, Cunning, Occult Secrets, Intuition, Study, Playfulness, Observation, Transformation (phoenix fire), Intellect	<i>The torch is known to all the living by its flame, shining and bright; most often it burns inside where princes sit at ease.</i>	<i>Kaun (ulcer) is fatal to children and painful spot and dwelling of putrefaction.</i>	<i>Kaun (ulcer) is fatal to children; death makes a corpse pale.</i>
 Gebo	Gift, Partnership, Sacrifice, Exchange, Trade, Balance, Equilibrium, Hospitality, Honor, Magical Exchange, Marriage, Harmony	<i>Gift is for every man a pride and a praise, help and worthiness, and of every homeless adventurer, it is the estate and substance, for those who have nothing else.</i>	N/A	N/A
 Wunjo	Joy, Bliss, Perfection, Well-Being, Contentment, Group Harmony, Optimism, Effortless Ease, Fellowship, Fulfillment, Art of Correct Wishing	<i>Joy is had by the one who knows few troubles, pain and sorrows, and who himself has blessedness and bliss, and stronghold enough.</i>	N/A	N/A

 <p>Hagalaz</p>	<p>Hel/Hela's Rune, Hail, Hailstone, Radical Change, Crises, Catastrophes, Destruction, Chaos, Inevitability of Wyrd &amp; Orlog, Confrontation, Perfect Pattern, Witch's Rune, Severe Weather, Evolution through Conflict</p>	<p><i>Hail is the whitest of grains, it comes from high in heaven, showers of wind hurl it, then it turns to water.</i></p>	<p><i>Hail is a cold grain and the shower of sleet and the sickness of snakes.</i></p>	<p>N/A</p>
 <p>Nauthiz</p>	<p>Need-fire, Necessity, Constraint, Friction, Distress, Hard Work, Recognition of Orlog, Toil, Manipulation of Wyrd, Urgency, Life Lessons, Resistance, Effort, Limitations</p>	<p><i>Need is constricting on the chest, although to the children of men it often becomes help and salvation nevertheless if they heed it in time.</i></p>	<p><i>Need is the grief of the bondmaid and a hard condition to be in and toilsome work.</i></p>	<p><i>(Need) leaves little choice; the naked man is chilled by the frost.</i></p>
 <p>Isa</p>	<p>Ice, Stasis, Self-Identity, Self-Preservation, Self-Control, Immobility</p>	<p><i>Ice is very cold and exceedingly slippery, it glistens, clear as glass, very much like gems, a floor made of frost is fair to see.</i></p>	<p><i>Ice is the rind of the river and the roof of the waves and a danger for fey men.</i></p>	<p><i>Is (ice) we call the broad bridge; a blind man must be lead.</i></p>
 <p>Jera</p>	<p>Year, Harvest, Peace, Orbits, Cycles, Progress, Proper Timing, Patience</p>	<p><i>Harvest is the hope of men, when god lets, holy king of heaven, the earth gives, her bright fruits, to the noble ones and the needy.</i></p>	<p><i>Good harvest is the profit of all men, and a good summer, and a ripened field.</i></p>	<p><i>Good harvest is the profit of men; I say that Frodhi was generous. *Note: Frodhi is one of Freyr's names.</i></p>
 <p>Eihwaz</p>	<p>Yew, Yggdrasil (World Tree), Axis of spiritual becoming, Death mysteries, Kundalini, Initiation, Protection</p>	<p><i>Yew is on the outside a rough tree, and hard, firm in the earth, keeper of the fire, supported by roots, a joy on the estate.</i></p>	<p><i>Yew is a strung bow and brittle iron and Farbouti of the arrow.</i></p>	<p><i>Yew is the greenest of woods; burning it is wont to singe.</i></p>
 <p>Perthro</p>	<p>Norns, Fate, Lot-Cup, Probability, Luck, Coincidence, Prophecy, Knowledge of Orlog, Evolutionary Change</p>	<p><i>Lot box is always play and laughter among bold men where the warriors sit in the hall together.</i></p>	<p>N/A</p>	<p>N/A</p>
 <p>Algiz Elhaz</p>	<p>Elk, Protection, Higher Self, Divinity, Divine Link, Valkyries, Connections with the Gods, Protection, Strengthening haminja, Communication with Other worlds</p>	<p><i>Elk's sedge has its home most often in the fen, it waxes in the water and grimly wounds and burns with blood any man who in any way tries to grasp it.</i></p>	<p>N/A</p>	<p>N/A</p>
 <p>Sowilo</p>	<p>Sun, Success, Goals, Wholeness, Revelation, Guidance, Life Purpose, Faith in outcomes, Confidence, Taking Action</p>	<p><i>Sun is by seamen always hoped for when they fare far away over the fishes' bath until the brine-stallion they bring to land.</i></p>	<p><i>Sun is the shield of the clouds and a shining glow and the life-long sorrow of ice.</i></p>	<p><i>Sun is the light of the world; I bow to the divine decree.</i></p>

 Teiwaz <i>Tiwaz</i>	Tyr's rune, Justice, Sacrifice, Spiritual Warrior, Righteousness, Sovereign order, Rule of Law, Victory, Honesty, Even-handedness, Fairness, Right decision making	<i>Tyr is a star, it keeps faith well with athlings, always on its course, over the mists of night, it never fails.</i>	<i>Tyr is the one-handed god and the leavings of the wolf and the ruler of the temple.</i>	<i>Tyr is the one-handed among the Aesir; the smith has to blow often.</i>
 Berkano	Birch Goddess, Birth, Sanctuary, Rebirth and Renewal, Rune of Becoming, Secrecy, Mature wisdom, Dependence, Motherhood, Healing, Gardening, Womb, Life Changes, Liberation	<i>Birch is without fruit, but just the same it bears, limbs without fertile seed, it has beautiful branches, high on its crown, it is finely covered, loaded with leaves, touching the sky.</i>	<i>Birch twig is a leafy limb and a little tree and a youthful wood.</i>	<i>Birch twig is the limb greenest with leaves; Loki brought the luck of deceit.</i>
 Ehwaz	Horse, Trust, Teamwork, Cooperation, the Fetch (part of the Nordic soul construct), Animals, Harmony, Loyalty, Swiftmess	<i>Horse is, in front of jarls, the joy of athlings, a charger proud on its hooves; when concerning it, heroes, wealthy men on warhorses, exchange speech, and it is always a comfort to the restless.</i>	N/A	N/A
 Mannaz	Mankind, Humanity, Awareness, Collective Potential of Humanity, Divine Structure of Intelligence, Mind & Memory, Divine Influence in Life, Mental & Spiritual Potential	<i>Man is in his mirth dear to his kinsmen although each shall depart from the other for the lord wants to commit by his decree that frail flesh to the earth.</i>	<i>Man is an augmentation of the dust; great is the claw of the hawk.</i>	N/A
 Laguz	Water, Ocean, Unconscious, Collective Memory, Emotion, Psychic Powers, Dreaming, Life Force, Astral Plane, Evolution, Occultism, Imagination	<i>Ocean is to people seemingly unending if they should venture out on an unsteady ship and the sea-waves frighten them very much and the brine-stallion does not heed its bridle.</i>	<i>Wetness is churning water, and a wide kettle, and the land of fish.</i>	<i>A waterfall is a river which falls from a mountain-side; but ornaments are of gold.</i>
 Inguz	Seed, Ing's rune (Ing is one of Freyr's names), Process, Space, Transformation, Internal Growth, Personal Development, Earth-god, Male Mysteries, Agriculture	<i>Ing among the East Danes was first beheld by men until that later time when to the east he made his departure over the waves, followed by his chariot that was the name those stern warriors gave the hero.</i>	N/A	N/A
 Othila <i>Othala</i>	Homeland, Ancestral Lot, Inheritance, Estate, Noble, Ancestral Spiritual Power, Group Prosperity, Productive Interaction	<i>Estate is very dear to every man if he can enjoy what is right and according to custom in his dwelling most often in prosperity.</i>	N/A	N/A
 Dagaz	Day, Dawn, Awakening, Paradoxical truth, Incommunicable experience, Conceptual realization, Satori, Synthesis, Transmutation, Paradigm Shift	<i>Day is the lord's messenger, dear to men, the ruler's famous light; mirth and hope and rich to the poor, useful for all.</i>	N/A	N/A

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